

# Alternative Curriculum Provision - Turnaround



Turnaround is an integrated learning programme of education and therapy; a holistic, inclusive approach designed to help young people put their drug and alcohol problems behind them and take control of their lives.

TARGETTED

<b>Target Group</b>	<p>Young people aged 13 to 17, both male and female</p> <p>Young people with significant substance misuse problems</p> <p>Non-attendees at school</p> <p>Young people who have been excluded from school</p> <p>Any young person who wants support and guidance to change their life, where it is being adversely affected by the misuse of drugs or alcohol</p>
<b>Group Size</b>	<p>Typically the groups are no bigger than 6 young people however this is flexible depending on the abilities and personalities within the group.</p>
<b>Outcomes</b>	<p>All young people will experience learning how to enjoy and achieve</p> <p>Each young person will be empowered to positively shape their future and develop helpful coping strategies.</p>
<b>Format</b>	<p>The treatment programme utilises key elements of the national curriculum through citizenship and provides an opportunity for vocational study and physical recreation</p> <p>Therapeutic intervention involves the participation of, contribution from, carers and families.</p>
<b>Key Skills</b>	<p>These are identified and agreed on through an individual care plan basis.</p>
<b>Duration/time</b>	<p>The programme is typically delivered over 12-weeks with day-time learning of approximately 10 hours per week.</p>
<b>Required environment</b>	<p>Classroom size space with chairs and tables</p> <p>Additional recreation room for more physical activities and break with access to a kitchen.</p> <p>Ideally there would also be a 1:1 space for individual work where necessary and appropriate.</p> <p>Flip chart</p> <p>Television and video equipment is preferable.</p>
<b>Evaluation Method</b>	<p>All young people will complete a pre and post intervention questionnaire and participate in a video diary.</p>

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