

# Specialist Services

SPECIALIST

Specialist and therapeutic services can be specifically commissioned and/or contracted to meet particular needs presented by individuals, groups or organisations. These services are developed and supervised by qualified clinicians with specialisms relating to the topics presented.

Through our partnership with treatment services we are able to facilitate access to a range of qualified and experienced clinicians, programmes and resources to meet the needs of more complex and troubling children, young people and families.

Therapeutic interventions can take place with a whole family, particular members of a family or on a one to one basis. Outcomes for each undertaking will be agreed based on the specific needs of children or families.

A wide range of therapeutic approaches including:

- Family Therapy
- Solution Focussed Brief Family Interventions
- Couples Behavioural Therapy
- Formal and structured counselling
- Play Therapy

Appropriate environments are important to therapeutic interventions and will be negotiated with each undertaking. Intended treatment outcomes for individuals and/or families are agreed at the point of engagement and are continuously monitored throughout the process.



*"I feel like I've been broken down and put together. You touched a nerve that I didn't realise bothered me, and I need to talk to my mum about it, Thanks."*

*"I've decided to move in with mum when she finds her new home. We feel a lot more like a proper family"*

*"She talks to me about things going on for her and I don't have to spend so much time guessing and worrying"*