

Intensive / Specialist Mentoring including "Breakthrough Plus"



Regular, sustained mentoring and support with an allocated full time InfoBuzz team member .

Target Group	Age: 11-18 'Looked after' young people of either gender with substance use issues
Group Size	Individual
Outcomes	Desired outcomes will vary in line with the individual's identified needs but may include: <ul style="list-style-type: none"> • Increased resilience • Increased confidence and social skills • Willingness to engage with care services • Willingness to engage in training or education
Format	Weekly meetings with an allocated InfoBuzz team member. The form the meetings take will be dictated by the young person's identified needs and may provide, for example, emotional support, focussed harm reduction, or facilitation of training or education. Where appropriate, specialist input will be sourced and linked into a programmed support package.
Duration/time	By negotiation
Evaluation Method	'Strengths and difficulties' questionnaires Interviews with young person Other agencies' key workers' observations.

T A R G E T T E D

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