

Relationships

A short, accredited course in 'relationships'. Young people taking part in the course will be helped to examine what makes helpful and unhelpful relationships; to identify their own rights and responsibilities in relationships; and to understand what influence substance use may have on relationships.



TARGETTED

Target Group	Age 12-21, mixed or single gender The methodology is designed for groups with poor basic skills and short attention spans.
Group Size	Up to 10 Students
Outcomes	<ul style="list-style-type: none"> • One credit at Level 1 • Understand a variety of relationships • Define a good relationship • Recognise rights and responsibilities in relationships • Understand the influence of substance use in sexual relationships
Format	<p>All working methods are interactive and evidence of achievement for verification is flexible.</p> <p>Small group work Interactive exercises Discussions Worksheets</p>
Key Skills	<p>Communication Working with others Reasoning skills Evaluation skills Creative thinking skills</p>
Duration/time	Average 5 x one hour sessions
Required Environment	<p>Flexible Seating Whiteboard or Flipchart</p>
Evaluation Method	<p>Young Person's evaluation form Photographs Sample portfolios</p>