

# Substances and The Effects On Others

Interactive group work programme that considers the impact of substance use on other people in a young person's life and the risks to personal development.



<b>Target Group</b>	13-16, mixed or single gender. Adaptable to meet all needs
<b>Group Size</b>	8-30 (can be run with smaller groups with some adjustment to delivery)
<b>Outcomes</b>	<ul style="list-style-type: none"> <li>• Increased understanding of the impact of substance use on friends, family, education and development</li> <li>• Increased understanding of how others' substance use affects them</li> <li>• Increased understanding of young people's options if they need help and the impact of needing help on support staff, families or carers</li> </ul>
<b>Format</b>	Small group work Facilitated discussion Scenario work Interactive
<b>Key Skills</b>	Communication Working with others Thinking skills Reasoning skills
<b>Duration/time</b>	50mins – 1hr
<b>Required environment</b>	Can be delivered in any environment. Whiteboard or flip chart.
<b>Evaluation Method</b>	Young people's flip chart work. Dedicated evaluation sheet (YP) Staff evaluation.

