

Myths & Misconceptions

UNIVERSAL



Versatile and adaptable programme that enables young people to distinguish between the myths and misconceptions commonly promoted about substances. The session explores why they exist and in whose interest it is to allow them to thrive.

Target Group	Age 14-16, mixed or single sex. Adaptable to meet all needs. Statements can be presented in both written and picture form.
Group Size	4 - 30
Outcomes	<ul style="list-style-type: none"> • Increased knowledge of the most up to date and relevant information about the most common substances • Increased understanding of myths and misconceptions about a range of legal and illegal substances • Increased ability to evaluate sources of information • Increased knowledge of mental and physical health risks associated with common substances • Increased understanding of the law about substances
Format	Interactive Small group exercises Small group discussions Facilitated whole group discussions
Key Skills	Communication Working with others Evaluation skills Reasoning skills Information processing skills
Duration/time	50mins – 1hr
Required environment	Any environment., whiteboard/flip chart/Projector (if available) Can be delivered in a number of formats to suit all needs and abilities (please ask when booking)
Evaluation Method	Dedicated evaluation sheet for young people and staff



InfoBuzz Ltd
 Unit 15/17
 City Works
 Alfred Street
 Gloucester
 GL1 4DF

Tel 01452 381770
 Fax 01452 524773
 admin@infobuzz.co.uk
 www.infobuzz.co.uk
 Charity No. 1113171