

Sex and Relationships Part 2

Opportunity for young people to understand what constitutes consensual sex. The sessions examine what is appropriate behaviour both in and out of a relationship and promotes the right to say no. The feelings and responsibilities from both the male and female viewpoint are considered and consequences explored.



Target Group	13-18. Male and female mixed or single sex delivery. All abilities. Sessions adapted to accommodate religious and cultural beliefs.
Group Size	4-30
Outcomes	<ul style="list-style-type: none"> • Young people to consider and increase their understanding of consensual sex. • Understand what sexual behaviour is acceptable and know the law • Promote the right for an individual to say no. • Explore the differences between pressures on males and females in relation to sexual behaviour. • Explore the consequences of inappropriate or non-consensual sexual behaviour and possible subsequent outcomes. • Outcomes for all young people regardless of ability, need, religious beliefs or cultural norms.
Format	<p>Advanced planning and considerations for religious or cultural beliefs.</p> <p>Whole group discussions Group work dilemmas and feedback. Single and mixed gender considerations through scenario work. Opportunities for role-play and case studies</p>
Key Skills	<p>Information processing skills Reasoning skills Enquiry skills Working with others Improving own learning and performance Problem solving</p>
Duration/time	Two sessions of 50mins -1hr in duration (each session can be run separately)
Required Environment	School or community environment. Whiteboard and /or flipchart and pens
Evaluation Method	Young person work sheets and evaluation. Staff evaluation.